

Michigan Department VFW Auxiliary Hospital – December 2025/January 2026

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Facebook Page: Hospital - Michigan

National Theme: From Sea to Shining Sea Honoring Veterans Who Keep Us Free Department Theme: We Don't Know Them All, But We Owe Them All

Welcome to the winter months, a time to sit in front of a fireplace (fake or real) and assemble treats for our veterans for the upcoming holidays other than Christmas, Hanukah, Kwanzaa.

National Llama Day – Dec 9 Chocolate Covered Anything Day – Dec 16 Wright Brothers Day – Dec 19 Bacon Day – Dec 30 Trivia Day – Jan 4 National Popcorn Day – Jan 19 National Hugging Day – Jan 21 Opposite Day – Jan 25

<u>VA MEDICAL FOSTER HOME PROGRAM</u>. Do you know someone who may be interested in becoming a caregiver? The VA has a program where caregivers provide a safe & family-like home setting, supervised care, private and semi-private rooms, three meals a day and snacks, personal care, and medication management. When living at home becomes difficult, some people prefer to remain in a home-like setting rather than move to a nursing home. In moments like these, the VA Medical Foster Home (MFH) is there to help. Payment for care will be made by the Veteran to the caregiver, and the cost of the care will be based on the Veteran's care and financial resources. Caregivers must have prior caregiving experience (formal or informal) and have compassion and motivation to provide 24/7 to Veterans placed in their home. To ensure safety and quality of care, there are multiple steps and training requirements to become a VA MFH caregiver. Interested people can contact their local VA social worker(s).

WOMEN VETERANS' HEALTH CARE. One of the 2025-2026 Hospital Guideline/Achievements is "Total Number of Hours promoting Women Veterans Health Care Programs" Let's work on this important achievement in 2026. The VA offers women veterans proactive and personalized health care – empowering the to achieve the best level of health and well-being. Women Veteran Program Managers are available at each VA Medical Center nationwide to assist women veterans and coordinate services. Women veterans are assigned to a designated Women's Health Primary Care Provider who can provide general primary care and is specially trained or experienced in women's care.

<u>REMINDER</u>: If a veteran must be hospitalized at a non-VA facility, contact the VA immediately so the bill will be paid. Also, if a veteran must be hospitalized away from home, contact the nearest VFW or VFW Auxiliary as they may be able to assist locally.

We are all aware of Breast Cancer in women. I'd like to share some statistics about breast cancer in men. The average age of men newly diagnosed with breast cancer. This is older than the average age for women. My girls' dad was diagnosed at age 45. The estimated number of men in the U.S. who will die of breast cancer is 1,000 each year and the number is growing Because of the size of men's breast it is easier to find small masses. So, let's encourage the men in our lives to be aware of male breast cancer.

Our veterans have *sacrificed* to keep our country – and everything it represents – safe. We honor and serve those men and women by fulfilling President Lincoln's promise "to care for him who shall have borne the battle and for his widow, and his orphan."

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